



K2 VOLLEYBALL CLUB IS AN UNCOMMON PLACE FOR UNCOMMON PEOPLE. SINCE 2009 WE HAVE DEVELOPED ATHLETES IN A CULTURE OF DISCIPLINE, SACRIFICE, HARD WORK AND SELF RELIANCE. OUR TRAINING IS NEVER COMPLETE, OUR METHODS OF TRAINING ALWAYS EVOLVING AND IMPROVING

## K2 Elite/Travel/Local Programs 2021-2022

### Elite/Travel Program

#### U12-U18

The Elite/Travel Program is designed to prep athletes for the collegiate experience ahead. Both the Elite and Travel Seasons will run November-June. Teams will have 3 practices per week with positional training within their sessions. All players 15U and up will be required to participate in K2's D1's Strength, Speed and Agility training 2 times per week. Teams will participate in 10-12 open, premier, and/or club level tournaments (depending on strength of team) within the season. Elite teams will participate in the Mid-East Power League and AAU Nationals. All Travel/Elite teams will also compete in 2-3 scrimmage days set up by K2. Jason Hames is the master coach and will oversee/lead all practices.

#### 15U-18U

\$50 tryout fee/\$200 Commitment Fee  
\$3500-\$4500 Program Cost

Following uniform package is not included in cost: 4 jerseys, 3 pairs of spandex, 3 practice shirts, warm-ups (hoody and pants), backpack, 6 pairs of socks, 2 pairs of kneepads and 2 pairs of shoes. \$675

**U15-U18 Elite Travel Teams:** Additional \$1500-\$3000(This fee includes transportation, gas, and lodging for each athlete)

#### 12U-14U

\$50 tryout fee/\$200 Commitment Fee  
\$3500-\$4500 Program Cost

Following uniform package is not included in cost: 3 jerseys, 2 pairs of spandex, 3 practice shirts, warm-ups (hoody and pants), backpack, 6 pairs of socks, 2 pair of kneepads and 1 pair of shoes. \$515

### Local Program

#### U12-U18

**Winter Season:** The local travel winter season will run from the beginning of November through mid-February. Teams will have two practices per week (Mondays and Fridays). Teams will participate in 4 club level tournaments locally based as well as partake in two local scrimmages held by K2 Volleyball Club.

\$50 tryout fee/\$100 commitment fee/ \$1250 Program Cost

Following uniform package not included in cost:2 jerseys, 1 pair of spandex, 1 practice shirt, 3 pairs of socks, 1 pair of kneepads and 1 pair of shoes. \$225

10U/11U local uniform package not included in cost: (difference due to sizing) 2 jerseys, 1 pair of spandex, 1 practice shirt, 3 pairs of socks, 1 pair of kneepads and 1 pair of shoes. \$210

**Spring Season:** The Local Spring Season will run from the beginning of March through mid-May. Teams will have two practices per week (Mondays and Fridays) as well as participate in 4 club level tournaments locally based.

**New Players:** \$50 tryout fee/\$100 commitment fee/ \$1000 Program Cost

Following uniform package not included in cost:2 jerseys, 1 pair of spandex, 1 practice shirt, 3 pairs of socks, 1 pair of kneepads and 1 pair of shoes. \$225

**Returning Winter Season Players:** \$750 Continuation Program Fee-Players will use their uniform package from winter season.