



K2 VOLLEYBALL CLUB IS AN UNCOMMON PLACE FOR UNCOMMON PEOPLE. SINCE 2009 WE HAVE DEVELOPED ATHLETES IN A CULTURE OF DISCIPLINE, SACRIFICE, HARD WORK AND SELF RELIANCE. OUR TRAINING IS NEVER COMPLETE, OUR METHODS OF TRAINING ALWAYS EVOLVING AND IMPROVING.

K2 Travel Programs 2020-2021

pair of shoes. \$432

Elite/Travel Program

Local Program

U12-U18

U12-U18

The Elite/Travel Program is designed to prep athletes for the collegiate experience ahead. Both the Elite and Travel Seasons will run November-June. Teams will have 3 practices per week with positional training within their sessions. All players 15U and up will be required to participate in K2's D1's Strength, Speed and Agility training 2 times per week. Teams will participate in 10-12 open, premier, and/or club level tournaments (depending on strength of team) within the season while also participating in the Mid-East Power League and AAU Nationals. These teams will also compete in 2-3 Scrimmage days set up by K2. Jason Hames is the master coach and will oversee/lead all practices.

The local travel first season will run from the beginning of November through the end of February. Teams will have two practices per week (Mondays and Fridays) with positional training within their sessions. Teams will participate in 4 club level tournaments locally based as well as partake in two local scrimmages held by K2 volleyball club. The second season will run March-May. Christine Hames and her staff of directors will master coach and oversee/lead all practices for both season of Local Travel.

15U-18U

\$50 tryout fee/\$200 Commitment Fee/\$4000-\$4500
Program Cost

\$50 Tryout Fee/\$100 Commitment Fee/\$1500 Program
Cost per season

Following uniform package not included in cost: 2 jerseys, 2 pairs of spandex, 2 practice shirts, 2 pairs of socks, 1 pair of kneepads and 1 pair of shoes. \$165

Following uniform package is not included in cost: 4 jerseys, 3 pairs of spandex, 2 practice shirts, warm-ups (hoodie and pants), backpack, 3 pairs of socks, 2 pairs of kneepads and 2 pairs of shoes. \$588

U10-U11 Local Travel

U15-U18 Elite Travel Teams: Additional \$1500-\$2500 (This fee includes transportation, gas, and lodging for each athlete)

The U10 and U11 local team's season will run Nov-May (Teams will have a choice to go to AAU Nationals at an additional charge.) Teams will practice 2 times per week (Mondays and Fridays) with positional training within their sessions. Teams will participate in 8 club level tournaments as well as partake in two local scrimmages held by K2 volleyball Club. Christine Hames and her staff of directors will master coach and oversee/lead all practices for these teams.

12U-14U

\$50 tryout fee/\$200 Commitment Fee/\$4000-\$4200
Program Cost

\$50 Tryout Fee/\$100 Commitment Fee/\$1900-\$2400
Program Cost

Following uniform package is not included in cost: 3 jerseys, 2 pairs of spandex, 2 practice shirts, warm-ups (hoodie and pants), backpack, 3 pairs of socks, 1 pair of kneepads and 1

Following uniform package not included in cost: 2 jerseys, 2 pairs of spandex, 2 practice shirts, 2 pairs of socks, 1 pair of kneepads and 1 pair of shoes. \$165